

SPRING Challenge Tracker

2024



Plan Your
Week

Start
Something
New

Spend 20
Minutes
Outside Per
Day for 1 Week

Learn to
Identify
One Bird
that Lives
in your
area

Watch the
Solar
Eclipse on
4/8/24

Plan Your
Week

Spend 20
Minutes
Outside Per
Day for 1
Week

Declutter
and Clean
One Area
of Your
Home

Learn to
Identify
One Bird
that Lives
in your
area

Find and
photograph
spring
flowers

Plan Your
Week

Spend 20
Minutes
Outside Per
Day for 1
Week

Go to a
Farmer's
Market

Learn to
Identify
One Bird
that Lives
in your
area

File Your
Taxes

Plan Your
Week

Spend 20
Minutes
Outside Per
Day for 1
Week

Prepare and
Eat the Fresh
Food that you
got at the
Farmer's
Market

Pick Up
Litter at a
Park

Plan Your
Month

Plan Your
Week

Spend 20
Minutes
Outside Per
Day for 1
Week

Have a
Picnic

Make and
eat a
Spring
Themed
Meal

Celebrate
May Day or
Cinco de
Mayo

Spend Five
Consecutive
Hours Outside

Plan your
Three Day
Getaway

Catch Up
with a
Friend

Take a
walk in the
Rain

Plant
Flowers